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What is a Bankart lesion?

A Bankart lesion is a tear or detachment of the labrum in the shoulder joint, typically caused by traumatic dislocation or repeated instability events.

What is shoulder arthroscopic labral repair for Bankart lesions?

It is a surgical procedure to repair a Bankart lesion using arthroscopic techniques, where small incisions are made around the shoulder, and implants such as suture anchors are used to reattach and stabilize the torn labrum.

What are suture anchors, and how are they used in the procedure?

Suture anchors are small devices made of metal or bioabsorbable material. They are implanted into the bone around the glenoid rim, and sutures attached to them are used to secure the torn labrum back to its anatomical position.

How many Suture anchors are used in surgery?

In surgery for a typical Bankart lesion, approximately 3 suture anchors are generally used. However, if the tear is large, the number of anchors used may vary, depending on the intra-operative decision made by the surgeon."

What is the recovery process like after surgery?

Recovery typically involves a period of immobilization in a shoulder immobiliser followed by physical therapy at end of 3 weeks to regain strength, flexibility, and range of motion in the shoulder joint. Full recovery may take 3 to 4 months, with gradual return to sports at the end of 1 year as guided by the surgeon.

Are there any risks or complications associated with the procedure?

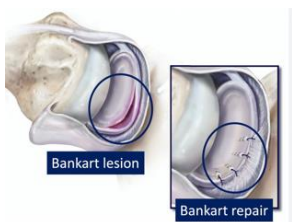
While complications are rare, they can include infection, nerve or blood vessel injury, stiffness, persistent pain, or recurrent instability. It's essential to follow post-operative instructions carefully and report any unusual symptoms to the surgeon promptly.

Who is a candidate for shoulder arthroscopic labral repair?

Candidates typically include individuals with recurrent shoulder dislocations or instability due to Bankart lesions (which is anterior labral tear) or posterior subluxation of shoulder joint due to posterior labral tear

What is the success rate of this procedure?

Success rates are generally high, with many patients experiencing significant improvement in shoulder stability and function following surgery. However, outcomes may vary depending on individual factors and the extent of the injury.



BANKART TEAR AND REPAIR



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